6th Grade Maine Studies Trip
Packing List

WEAR:

- ❏ T-shirt/Sweatshirt and/or Jacket
- ❏ Long pants
- ❏ Sturdy shoes: Hiking boots are suggested.

  *SANDALS OR OPEN TOES NOT ALLOWED
- ❏ Socks: Wool or Smartwool is recommended, if not, cotton is okay
- ❏ Hat with brim or sunglasses

PACK IN DUFFEL BAG:

- ❏ Warm jacket
- ❏ At least one extra pair of pants and shirt
- ❏ Shorts if weather permits
- ❏ Sweatsuit and/or flannel pants for sleeping
- ❏ Change of shoes/mud boot if wet weather predicted
- ❏ Extra socks (2-3 pairs)
- ❏ Flashlight with batteries
- ❏ Toothbrush & toothpaste & other necessary toiletries
- ❏ Sleeping bag/pillow (roll in an extra blanket for warmth if needed)
- ❏ Reading book or small card game for bedtime (if you choose)

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CARRY IN DAY PACK FOR HIKE:

- ❏ Rain gear with pants or a poncho
- ❏ Sweater (polar fleece, wool, or acrylic)
- ❏ Extra socks
- ❏ Warm hat, gloves or mittens
- ❏ Band-Aids and/or moleskin tape for blisters
- ❏ Water bottles or canteen-fill ONLY with WATER
- ❏ Lunch (avoid foods that spoil or that are over packaged)
- ❏ Snack food (high energy foods like dried or fresh fruit, nuts, granola bars)
- ❏ Camera: small digital or disposable (optional)
- ❏ Hand sanitizer (optional)
- ❏ Bug head net (highly recommended! I will have extras if you do not have one)
- ❏ Non-aerosol insect repellent (optional)
- ❏ Non-aerosol sunscreen (optional)
- ❏ **Money for McDonald's (LEAVE IN DAY PACK DURING THE TRIP)**

ITEMS NOT ALLOWED FOR ANY REASON-if brought will result in DETENTION

Ipod, CD player, cell phone
Knives of any kind
Food other than specified
Electronic games or devices of any kind
Soda or glass containers
Pressurized cans of any kind
Hatchets/saws/axes
Lasers or laser pointers

PLEASE NOTE THAT ALL GEAR WILL BE CHECKED IN BY SCHOOL STAFF PRIOR TO LEAVING. ANY ITEMS NOT ON THE LIST WILL BE SENT HOME.

ALL DAY PACKS WILL BE CHECKED IN ON THE MORNING OF DEPARTURE. ANY UNNECESSARY ITEMS WILL BE STORED IN STUDENTS LOCKERS.

IF YOU HAVE ITEMS THAT YOUR CHILD CANNOT PACK IN THEIR DUFFLE BAG BECAUSE THEY ARE CURRENTLY USING THEM, JUST BRING THEM ON THE DAY OF THE TRIP (IE: EXTRA SHOES, TOOTHBRUSH, OR JACKET)

Updated 3/24/2019