

6th Grade Maine Studies Trip Packing List

WEAR: (Try to dress in layers because temperatures can fluctuate and are pretty unpredictable in the North Woods of Maine!)

- T-shirt/Sweatshirt and/or Jacket
- Long pants
- Sturdy shoes: Wear shoes that have the best treads
- Socks: Wool or Smartwool is recommended, if not, cotton is okay
- Hat with brim or sunglasses (Optional)

PACK IN GEAR/DUFFEL BAG: (Bring on Gear Check-in Day/May 20)

MUST HAVES/NOT OPTIONAL:

- Warm jacket if not wearing on trip day
- At least one extra pair of pants and a shirt
- Extra sweatshirt
- Shorts if weather permits
- Pajamas, sweatsuit, and/or flannel pants for sleeping
- Change of shoes
- Mud boot if wet weather is predicted and you have them (if you have them)
- Crocks or closed-toe sandals are good for wearing inside your tent or to go to the bathroom at night, but not to be worn at other times! (if you have them)
- Extra socks (3-4 pairs)
- Flashlight with batteries
- Toothbrush & toothpaste & other necessary toiletries
- Sleeping bag/pillow (roll in an extra blanket for warmth if needed)

OPTIONAL

- Reading book, drawing pad with supplies, or small card game for bedtime
- Fitted small sheet or small blanket for cot mattress

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CARRY-IN DAY PACK FOR HIKE: (Bring daypack on the trip day)

MUST HAVES/NOT OPTIONAL:

- Rain gear with pants or a poncho
- Sweater (polar fleece, wool, or acrylic)
- Extra socks
- Warm hat, gloves, or mittens
- Bug head net (I will have some extras if you do not have one)
- Two Water bottles filled ONLY with WATER
- Lunch for day #1 (avoid foods that spoil or that are over-packaged)
- Snack food (high-energy foods like dried or fresh fruit, nuts, and granola bars)
- Money for McDonald's (LEAVE IN DAY PACK DURING THE TRIP for EASY ACCESS**

WHEN WE ARRIVE AT MCDONALDS)

OPTIONAL BUT GOOD TO BRING:

- Band-Aids and/or moleskin tape for blisters
- Camera: small digital or disposable
- Hand sanitizer
- Non-aerosol insect repellent
- Non-aerosol sunscreen

ITEMS NOT ALLOWED FOR ANY REASON-if brought will result in DETENTION

iPod, CD player, cell phone

Knives of any kind

Food other than specified

Electronic games or devices of any kind

Soda or glass containers

Pressurized cans of any kind

Hatchets/saws/axes

Lasers or laser pointers

IF YOU HAVE ITEMS THAT YOUR CHILD CAN NOT PACK IN THEIR DUFFLE BAG BECAUSE THEY ARE CURRENTLY USING THEM, JUST BRING THEM ON THE DAY OF THE TRIP (IE: EXTRA SHOES, TOOTHBRUSH, OR JACKET)

Updated 4/1/2023