

CDS Maine Studies 8th Grade PACKING LIST

What to wear: (Check the weather in Eastport and dress accordingly)

- T-shirt with a sweatshirt or fleece over it
- Pants (for boat ride)
- Socks heavy
- Sturdy shoes (NO SANDALS)
- Hat (with brim &/or sunglasses)

PACK in duffel bag:

- Extra shirts - 2
- Extra pants - 2
- Shorts (optional, according to weather)
- Pajamas, sweat suit or long johns just to sleep in
- Extra socks - 5
- Underwear -2
- Warm jacket
- Mittens or gloves (also have a set in your daypack)
- Extra shoes or boots
- Pillow
- Extra water bottle (in case you lose your day pack water bottle)
- Towel small
- Toothbrush/ toothpaste or other necessary toiletries
- Flashlight w/ extra batteries
- Book (optional)
- Sleeping Bag (extra blanket if needed)

Personal Eating Kit: (Put them all in some sort of bag with your name on it)

- Fork/spoon
- Bowl & Plate - unbreakable
- Cup - unbreakable for hot or cold beverages

Pack in DAY PACK: Bring on the day of the trip (Duffle bags will not be accessible until late in the day on Wednesday)

- Bag lunch for Wed.**
- Money for McDonalds or Subway & Raye's Mustard if you want**
- RAIN GEAR!!!! (DO NOT PACK IN DUFFLE BAG)**
- Fleece or sweatshirt**
- Knit or other warm hat /Mittens (in addition to the ones in your duffle bag)**
- Snacks**
- Refillable WATER bottle**
- Extra socks**
- Band-Aids or small first aid kit**
- Hand sanitizer (optional)**
- Camera (optional)**

*****ITEMS NOT ALLOWED FOR ANY REASON*****

(if brought will be confiscated by staff and detention will be given)

NO:

- Knives of any sort**
- Cell phones, radios, Ipods, laser pointers, or electronics of any type**
- Soda or Energy Drinks**
- Pressurized cans (soda, deodorant, hair spray etc.)**
- Hatchets, axes, saws**

QUESTIONS CONCERNING THE ABOVE ITEMS AND REGULATIONS MAY BE ADDRESSED TO Wendy Stone @ 825-3697 or email at w.stone@cdsedu.org